# Grade 7

## Sample Weekly Schedule

<table>
<thead>
<tr>
<th>PERIOD</th>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homeroom</td>
<td>7:45am-8:00am</td>
<td>Homeroom</td>
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<td>Homeroom</td>
</tr>
<tr>
<td>Zman Kodesh</td>
<td>8:00am-8:45am</td>
<td>Tefillot</td>
<td>Hebrew</td>
<td>Small Group Tefillot</td>
<td>Tefillot</td>
<td>Tefillot/Ruach Minyan</td>
</tr>
<tr>
<td>Period 1</td>
<td>8:45am-9:30am</td>
<td>Language Arts</td>
<td>Gym</td>
<td>Hebrew</td>
<td>Language Arts</td>
<td>Hebrew</td>
</tr>
<tr>
<td>Period 2</td>
<td>9:30am-10:15am</td>
<td>Spanish</td>
<td>Havurah</td>
<td>Science</td>
<td>Jewish Studies</td>
<td>Gym</td>
</tr>
<tr>
<td>X Block</td>
<td>10:15am-10:30am</td>
<td>X Block</td>
<td>X Block</td>
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<td>X Block</td>
</tr>
<tr>
<td>Period 3</td>
<td>10:30am-11:15am</td>
<td>Jewish Studies</td>
<td>Language Arts</td>
<td>Social Studies</td>
<td>Art</td>
<td>Science</td>
</tr>
<tr>
<td>Period 4</td>
<td>11:15am-12:00pm</td>
<td>Hebrew</td>
<td>Social Studies</td>
<td>Math</td>
<td>Math</td>
<td>Language Arts</td>
</tr>
<tr>
<td>Lunch</td>
<td>12:00pm-12:30pm</td>
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<tr>
<td>Recess</td>
<td>12:30-1:00pm</td>
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<tr>
<td>Period 5</td>
<td>1:00pm-1:45pm</td>
<td>Science</td>
<td>Science</td>
<td>Spanish</td>
<td>Spanish</td>
<td>Math</td>
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<tr>
<td>Period 6</td>
<td>1:45pm-2:30pm</td>
<td>Math</td>
<td>Math</td>
<td>Language Arts</td>
<td>Social Studies</td>
<td>Jewish Studies</td>
</tr>
<tr>
<td>Period 7</td>
<td>2:30-3:15pm</td>
<td>Music</td>
<td>Jewish Studies</td>
<td>Language Arts</td>
<td>Social Studies</td>
<td>Jewish Studies</td>
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<td>Period 8</td>
<td>3:15-4:00pm</td>
<td>3:15 Dismissal</td>
<td>Electives</td>
<td>Electives</td>
<td>Office Hours</td>
<td>3:15 Dismissal</td>
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